Your quick guide to using NovoPen® 6

Insulin dose recording happening here

novo nordisk®

NovoPen® 6))

This is a quick guide. Please see the Instructions for Use that come with NovoPen® 6 for full information.

Prepare your NovoPen® 6

Insert an insulin cartridge
Pull off the pen cap. Twist off the cartridge holder. The piston rod may stick out of your pen. If so, push it in until it stops.

Slide a new insulin cartridge into the cartridge holder with the threaded end first. Twist the cartridge holder back on.
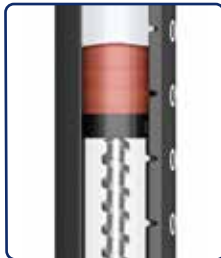

Attach a new needle
Tear off the paper tab. Push the needle straight onto the pen. Turn until it is on tight. Pull off both needle caps. Save the outer needle cap.
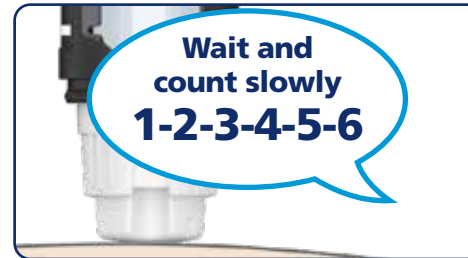
Give your injection

⚠ **ALWAYS test the insulin flow**
Select 2 units and press the dose button until the dose counter shows "0". The insulin flow test is complete when you see insulin squirt and there is no longer a gap between the piston rod head and the piston.

Select your dose
Pull out the dose button. Make sure the dose counter shows "0" before you start. Turn the dose button to select the dose you need.

Wait and count slowly
1-2-3-4-5-6

Inject your dose
Insert the needle. Press the dose button until the dose counter shows "0". Count slowly to 6 before you remove the needle from your skin. Safely remove and throw away the needle. Put the pen cap back on.

How to check your last dose

Pull out the dose button
Make sure the dose counter shows "0" before you start.

Push the dose button back in
The dose memory will now show the details of your last dose.

Read your dose memory
The example above shows 12 units injected 1 hour, 52 minutes and 3 seconds ago.

How to use a NovoPen® 6

Watch this quick guide video to learn how to prepare for and complete your injections with NovoPen® 6.

Scan the QR code to watch the video

NovoPen® 6 offers a 60-unit maximum dose in 1-unit dose increments.

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