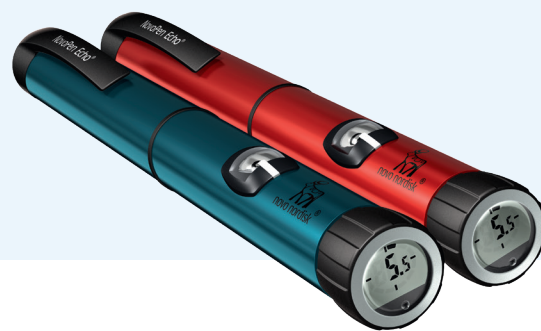
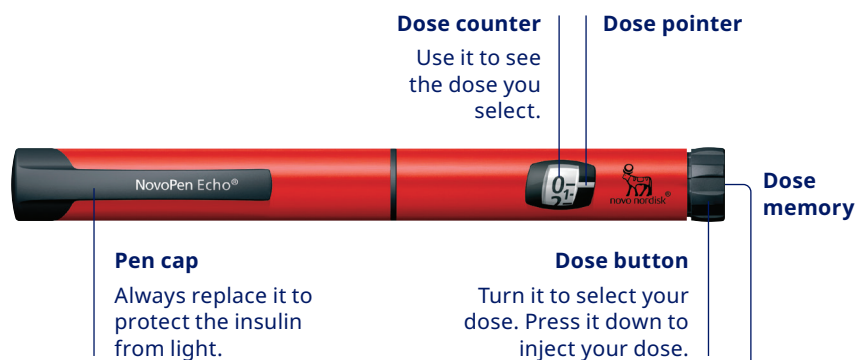


NovoPen Echo[®]

Your NovoPen Echo[®] at a glance



NovoPen Echo[®]

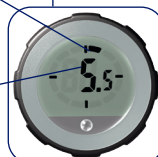


NovoPen Echo[®] remembers your last dose

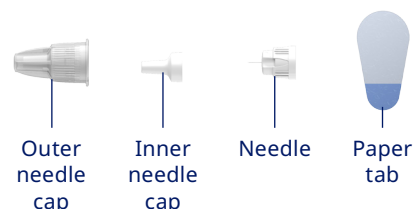
To check your last dose, pull out the dose button and push it back in. After a brief display check, the dose memory will show how many units you last injected and how much time has passed (up to 12 hours).

Each segment represents an hour since the last injection.

The number in the middle shows the number of units last injected.
In this example, 5.5 units were injected more than one hour ago, but less than two.



Single use needle



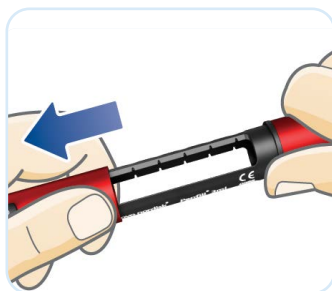
Penfill[®] cartridge



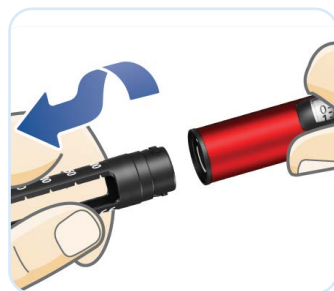
Quick **step-by-step** guide to use

INSERT PENFILL[®] CARTRIDGE AND ATTACH NEEDLE

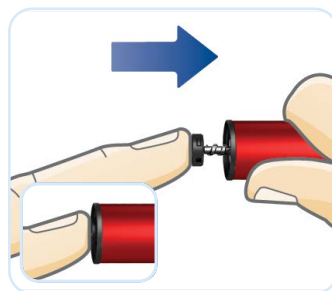
STEP 1 Remove pen cap



STEP 2 Twist off cartridge holder



STEP 3 If the piston rod sticks out, push in until it stops



STEP 4 Insert cartridge, threaded end first

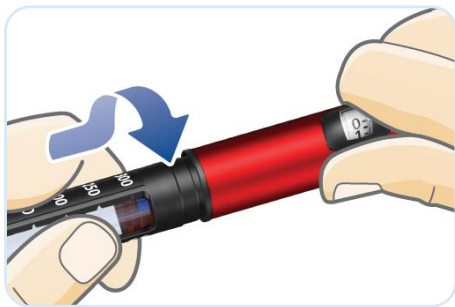


Always check the name and colour of the cartridge to make sure it contains the type of insulin you need.

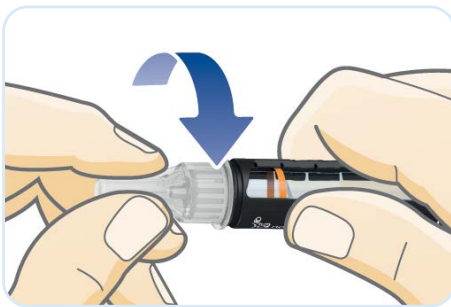
For a full explanation of how to use your NovoPen Echo[®], please read the Instructions For Use that accompany your pen. Please turn over for important safety information.



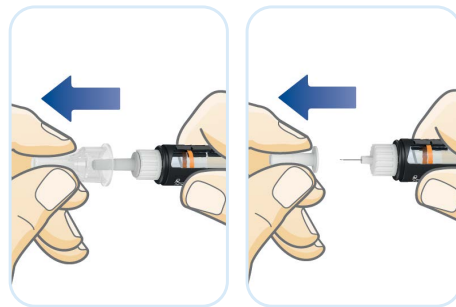
STEP 5 Twist cartridge holder back on until you hear or feel a click



STEP 6 Remove the paper tab from a new needle and push needle straight onto pen



STEP 7 Remove outer and inner needle caps. Keep the outer cap for safe needle disposal

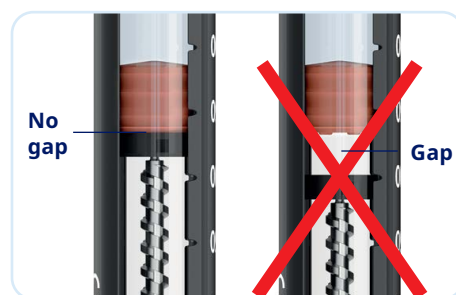


ALWAYS TEST INSULIN FLOW AFTER INSERTING A PENFILL® CARTRIDGE

STEP 1 Pull out dose button and turn to select **2 units**.

STEP 2 Press the dose button until the dose counter shows **0** and lines up with the dose pointer.

STEP 3 Check that insulin squirts from the needle tip. If no insulin appears, repeat steps 1 and 2.



If no insulin appears after several attempts, check the insulin window and see if there is a gap between the piston rod head and the piston. If you do not see any gap, change the needle and test the insulin flow again.

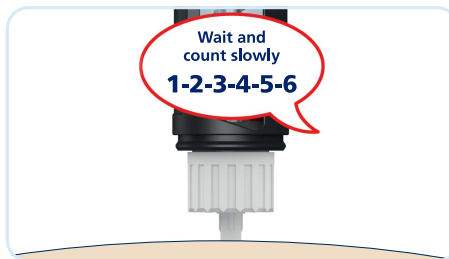


If you do not check the insulin flow, you may not receive your full insulin dose.

INJECT YOUR INSULIN



STEP 1 With the dose counter at **0**, pull out the dose button and turn to select the number of units you wish to inject.



STEP 2 Insert the needle under the skin and press the dose button until the dose counter shows **0**. Count slowly to **6** before you remove the needle.

Safely remove and dispose of the needle and put the pen cap back on.

IF YOU NEED FURTHER INFORMATION OR SUPPORT



Visit the NovoCare® Patient Support Program to access information about insulin – www.novocare.com.au



Questions about how to use your pen, or technical issues? Call Novo Nordisk® Medical Information – **1800 668 626**

NovoPen Echo®

Novo Nordisk Pharmaceuticals Pty Ltd. Level 10, 118 Mount Street, North Sydney NSW 2060. ABN 40 002 879 996.
Novo Nordisk® Medical Information (Australia) 1800 668 626. www.novonordisk.com.au. © Registered trademark of Novo Nordisk A/S.
NON00Y0175. AU24DN00009. May 2025.

