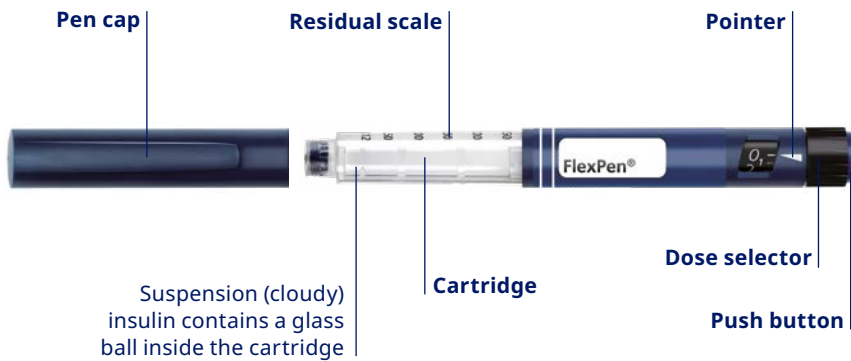


FlexPen®

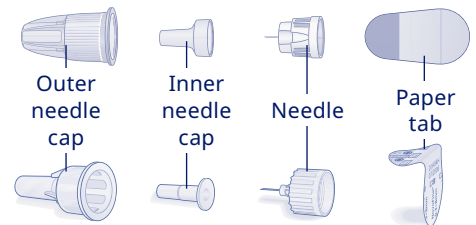
Your FlexPen® at a glance



FlexPen®



Single use needle



FlexPen® is designed for use with NovoFine® needles. Always use a new needle for each injection. This reduces the risk of contamination, infection, blocked needles and inaccurate dosing.

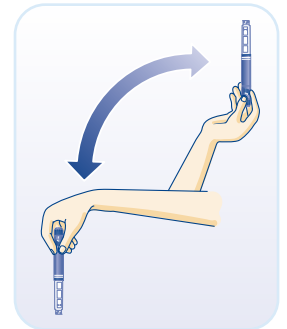
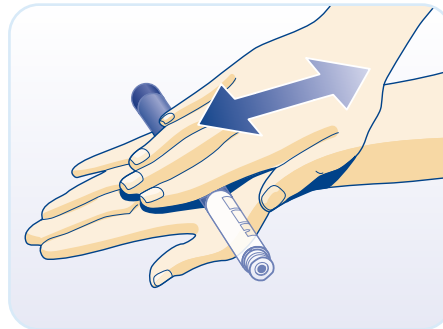
Quick **step-by-step** guide to use



Always check the label to make sure your FlexPen® contains the correct type of insulin.
If using a cloudy insulin, mix it before use.

MIXING INSTRUCTIONS

- STEP 1** Roll the pen between your palms 10 times - it's important that the pen is kept horizontal.
- STEP 2** Move the pen up and down 10 times between the two positions shown in the image, so the glass ball moves from one end to the other.



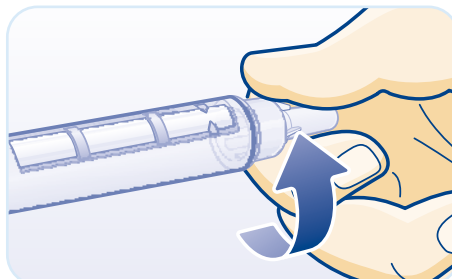
Repeat rolling and moving the pen until the liquid appears **uniformly white and cloudy (resuspended)**. Always make sure that you have resuspended the insulin prior to each injection. After you have resuspended the insulin, complete all the following steps of injection without delay.

ATTACH NEEDLE AND PREPARE FOR INJECTION

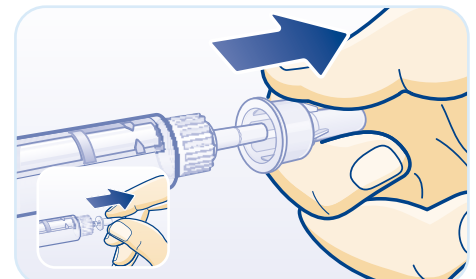
STEP 1 Pull off the pen cap.



STEP 2 Remove paper tab from a new NovoFine® needle and attach needle onto the FlexPen® so that it is straight and secure.



STEP 3 Remove outer and inner needle caps. Keep the outer cap for safe needle disposal.

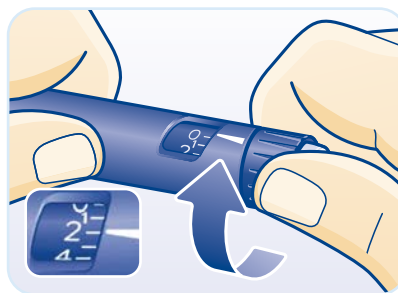


CHECK THE INSULIN FLOW

STEP 1 Turn the dose selector to 2 units.

STEP 2 Hold your FlexPen® with the needle pointing upwards. Tap the cartridge gently with your finger a few times to make any air bubbles collect at the top of the cartridge.

STEP 3 Press the push-button until the dose shows 0 and lines up with the pointer.



A drop of insulin should appear at the needle tip. If no insulin appears, change the NovoFine® needle and repeat steps 1–3 no more than 6 times. If a drop still does not appear, you must use a new FlexPen®.

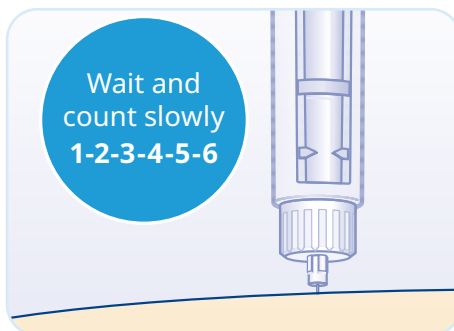
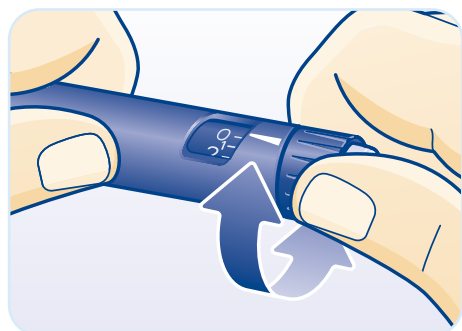


If you do not check the insulin flow, you may not receive your full insulin dose.

INJECT YOUR INSULIN

STEP 1 With the dose counter at 0, turn the dose selector to select the number of units you wish to inject.

STEP 2 Insert the needle and press the dose button until the dose counter shows 0. Count slowly to 6 before you remove the needle.



Safely remove and dispose of the needle and put the pen cap back on.

Important information about your FlexPen®

- FlexPen® is **pre-filled** with insulin, so you don't have to load it.
- The pen is **colour-coded** for easy identification.
- Insulin doses are provided in **one-unit increments**.
- The **dose-setting mechanism** does not allow for a dose larger than that remaining in the pen to be administered.
- Correct a dose** by dialling back or forth. The dosing scale automatically returns to zero after your injection.

If you need further information or support



Visit the NovoCare® Patient Support Program to access information about insulin – www.novocare.com.au



Questions about how to use your pen, or technical issues? Call Novo Nordisk® Medical Information – **1800 668 626**

FlexPen®

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